



pretty woman
boutique beauty and gifts
est. 1990

A woman is lying down, receiving a facial treatment. A hand is gently touching her cheek. A large pink lily flower is in the foreground. The background is a soft, out-of-focus pink and white floral pattern.

1	Index
2	Welcome to Pretty Woman
3	Pretty Woman Award Winning Salon
4	Bio Therapeutic Age Defying Facial <i>New!</i>
5	Clarins Facials
6	Clarins Make Up
6	Teen Scene
6	PW Relaxing Treatments
7	Guinot Facials
8	Guinot Hydra Lift Treatments
9	Crystal Clear Microdermabrasion
10	Pregnancy & New Beginnings
11	Clarins Body Treatments
12	Guinot Body Treatments
12	Cellulite & Toning Body Treatments
12	Ear Candling <i>New!</i>
13	Manicures & Pedicures
14	Gel Toes
14	Minx Toes <i>New!</i>
14	Earth Spa Pedicure Ritual <i>New!</i>
15	Waxing
15	Eyes
16	Specialist Treatments
16	Holistic Treatments <i>New!</i>
17	Men's Treatments
18	Treatment Packages
19	Appointment Information
20	Salon Information
21	Products
22	Map & Opening Times

Welcome to Pretty Woman

2008 British Beauty & Spa Awards Salon of the Year - Midlands/North East Region

2007 Clarins Gold Salon of the Year

Take the opportunity to escape, unwind and relax at our stylish, elegant and award winning Salon. Since establishing Pretty Woman at Roundhay Road in 1990, we have become Leeds' premier Salon.

We offer more than one hundred different types of face and body treatments for ladies, men and teenagers. These are carried out by a team of experienced therapists, using the highest quality of Salon and Spa products from Clarins, Guinot, Bio Therapeutic, Crystal Clear, Jessica and Minx, all tailored to complement your individual requirements.

We are delighted to launch this our latest Treatment List (March 2010) - which we hope you will enjoy. A downloadable copy is also available on our website at www.prettywomanleeds.co.uk

This new Treatment List sees the launch of seven new treatments and services: The Age Defying Facial (page 4), the Teen Pamper Package (page 6), Ear Candling (page 12), the Earth Spa Pedicure Ritual (page 14), Minx Toes (page 14), Eyebrow Waxing (page 15) and a new clinic for Holistic Treatments with Julie Furlong (page 16).

Our website www.prettywomanleeds.co.uk has details of promotions, new treatments, events, new products etc. Plus special occasion treatments eg Valentines Day, Mothers Day, Fathers Day, Christmas etc and we update it regularly. We also email weekly "Newsflashes", if you would like to receive these, please let us have your email address.

To make an appointment, please telephone 0113 240 0060 or call in to the Salon, where you will also see an extensive range of retail products and gifts too.

In order to get the most out of your treatment, why not arrive ten or fifteen minutes early and enjoy a complimentary drink, relax and take some 'time out' for you.

Lynda Tarpey

Director



BIO-THERAPEUTIC



JESSICA®



THE HEALTHY ALTERNATIVE TO NAIL GELS

Pretty Woman - Award Winning Salon

British Beauty & Spa Awards 2008

In September 2008 at the 12th annual British Beauty & Spa Awards, at the first time of entering these "Oscar's" of the beauty industry, Pretty Woman was voted:-



British Beauty & Spa
AWARDS 2008

Salon of the Year - Midlands & North East Region

The judges said " the winning salon has it all, with a great promotional and marketing strategy, excellent training policy in place and a real focus on client needs being met. Time is clearly spent on maintaining standards the industry can aspire to".

Clarins Gold Salon of the Year

In July 2007, at the annual Clarins Gold Salon Awards Ceremony, Pretty Woman achieved one of the benchmark accolades in the beauty industry and was awarded the:-



Clarins Gold Salon of the Year

With nearly 500 Clarins Salon in the UK, and only the top 79 have "Gold" Status this is a major achievement, of which we are extremely proud.

Bio Therapeutic “Age -Defying Facial” New!

In Jan 2010, we launched our latest anti-ageing treatment for both ladies and men. The “Age Defying Facial” is the ultimate in non-invasive face lifts! It reduces the signs of ageing and diminishes the appearance of fine lines and wrinkles.

This extraordinary facial, uses microcurrent technology by the world leaders, Bio Therapeutic Inc, who have over 30 years experience in this field. Bio Therapeutic are the only company with dual channel probes, which gives a shorter treatment time and quicker results. We are the only salon in the area with the latest machine, the Bio Therapeutic Platinum.

The “Age Defying Facial” includes the application of a Bio Infusion Masque, with a choice of Collagen, Vitamin C and Brightening etc. During a course of treatments, your collagen will be increased by 18% and elastin by 38%.

Why not book in for a trial treatment, in which we will demonstrate the “tongue test”. You will be amazed! After, we recommend a course of treatments, usually 2 per week. At the end of the course, clients need a monthly/six weekly maintenance facial.

Age Defying Facial

- **Trial Age Defying 70 mins £45 (one per client)**
- **Age Defying Facial 60 mins £52**
- **Course of 5 Age Defying Facials £250**
- **Course of 10 Age Defying £490**

The Turbo Lift Facial or Eye Treatment 30 mins £35 Course of 5 £165

- excellent for younger clients aged approx 28/30 for age prevention
- great as a “pick me up”
- perfect before weddings, special occasions etc
- an ideal treatment in between Botox injections & injectable fillers

Bio Therapeutic & Crystal Clear Microdermabrasion

A combined treatment giving the benefits of both treatments

- **Microdermabrasion & Age Defying Facial 80 mins £77**

To book an appointment please telephone 0113 240 0060

Clarins Facials

"Taking time out for a facial or body treatment is no longer a luxury, but a necessity of modern living. Feeling good about yourself, starts with taking care of yourself. At Clarins our aim has always been to maintain your sense of well-being and enhance your beauty".

Dr Olivier Courtin-Clarins, Clarins Managing Director.

Express Facial 30 mins £30

Use at home: Clarins Aroma-Phyto Skin Care

Aromatic Balancer 1hr £45

Suitable for all skin types, this customised facial uses Clarins renowned 100% pure plant facial oils, to rebalance and leave skin blooming.

Use at home: Clarins Aroma-Phyto Skin Care

Clarins Luxury Facials

These facials use "Clarins Pro Formula Ultra Concentrate" products, which are only available for salon use and give a more intensive facial, and also includes a luxurious 'peel off' mask.

Youth Booster 1hr 20 mins £59

Richly replenishes mature skin facing hormonal changes, leaving it velvety-smooth and youthfully radiant, with less noticeable lines.

Use at home: Clarins Super Restorative Skin Care

Skin Firmer 1hr 20 mins £59

Restores deep-down youthful firmness and luminosity to skin that's starting to look less supple, smooth and fresh, as the years go by.

Use at home: Clarins Extra-Firming Skin Care

Thirsty Skin Soother 1hr 20 mins £59

Delivers a moisture rush to dehydrated or sensitive skin, to counteract the effects of pollution, air-conditioning and stress. Taut skin feels silky-soft, comfortable and glowing again.

Use at home: Clarins Hydra-Quench Skin Care

Radiance Ritual 1hr 20 mins £59

An immediate radiance and vitality boost for dull, tired-looking skin that's lost its sparkle.

Use at home: Multi Active Skin Care

Oily Skin Rescuer 1hr 20 mins £59

Pure genius at regulating excess oiliness and rescuing oily or combination skin from breakouts, shine and open pores.

Use at home: Clarins Truly Matte Skin Care

Ask for details of our 'Clarins for Me Loyalty Scheme'

Clarins Make Up

Book in for one of our Make Up's, choosing shades from Clarins latest colour collections. (All Make Up Clients, please arrive 15 mins before appt time to experiment on our Clarins Makeup Tester Stand).

Clarins Make Up 30 mins £28

Clarins Express Facial & Make Up 60 mins £45

Clarins Special Occasion Make Up £69

50 min Trial & 40 min Make Up on the day

Clarins Make-Up Lesson 60 mins £45

Try different colours and application techniques under expert guidance, will help you achieve a fresh and flattering new look. Whether you want a whole new make-up look or ideas for a special occasion, prepare to be inspired.

Teen Scene

We have designed a range of treatments for Teenagers. *The Perfect Gift*

Teen Express Manicure 20 mins £14

Teen Make Up 30 mins £28

Teen Express Pedicure 20 mins £15

Teen Facial 30 mins £30

French Polish £2 extra per treatment

Teen Facial & Skincare Lesson 1 hr £45

Teen Pamper Package *New!* 1hr 30 mins £60

Teen Facial, Express Manicure, Express Pedicure & a "Touch of Colour"

The Gift Voucher comes packaged in a gift bag with samples, tissue etc

Guinot Hydradermie 1hr 10 mins £57.

Excellent for teenage girls or boys, age 14+ who suffer from oily skins, break outs, blackheads, congestion, active acne etc. It deep cleanses, tightens pores to prevent blackheads. rebalances the skin's PH levels and leaves a germicidal layer over the skin for up to a month

Could we kindly ask for all Teenagers under 16 to be accompanied by an adult

Pretty Woman Relaxing Treatments

PW Relaxing Facial 1hr 10 mins £53

A "4 in 1" treatment including: a back massage, deeply relaxing facial, scalp massage and soothing eye treatment. Sheer bliss!

PW Relaxing Body Treatment 1hr 10 mins £53

A deeply relaxing body and scalp massage using essential oils to help you unwind and relax. Absolute heaven!

PW Relaxing Back Massage 25 mins £30 Course of 3 £85

Need a quick "relax fix". Feeling stressed, suffering from a "knotted" back? This is the perfect treatment. We recommend a course of 3 treatments, taken weekly to maximise results. An excellent gift idea.

Guinot Facials

"With your beauty therapist, you'll discover the pleasure and effectiveness of Guinot skincare treatments. With more than 10,000 appointed Salons and Spas throughout the world, and our Guinot Team, we have the competence and experience to give you amazing skin and make every day more beautiful." Jean Daniel Mondin Doctor in Pharmacy & Chairman, Guinot Paris.

Hydradermie 1 hr 10 mins £57 Course of 6 £325

A monthly deep cleansing, regenerating Hydradermie Facial will keep your skin in optimum condition. The Therapist will customise the treatment to suit your skin type: de-hydrated, dry, mature, oily, sensitive or pigmented etc.

Use at home: Guinot "Beauty Sources" a choice of ten skincare ranges, which can be combined, to treat all skin needs incl: dry, wrinkle-prone, anti-ageing, dehydrated, sensitive, oily, tired/dull, irritated .

Hydradermie Plus 1 hr 30 mins £78 Course of 6 £445

A deluxe facial treatment suitable for age 25+. This treatment focuses on the eye area, face, neck & décolleté and includes pressure point eye massage and a luxurious Serenity Massage.

Use at home: Guinot Comfort, Firming or Youth Source

Milia/Whitehead Extraction is only available during a Hydradermie facial.

We use the microlance method and charge £7 per 10 mins. Please book this extra time, when arranging your appointment.

Beaute Neuve 1hr £53 Course of 3 £148

An instant radiance reviver, a gentle double peeling facial, using powerful natural exfoliating properties of AHA's, with pure Vitamin C & anti-ageing ingredients to boost radiance, reduce pigmentation, re-hydrate and regenerate the skin. Guinot recommends a course of three treatments, taken over consecutive weeks.

Use at home: Guinot Radiance Peel Off Mask

Liftosome 1 hr £60 Course of 2 £112

The perfect treatment before a special occasion. Designed to treat the problems associated with mature skin. This stimulating thermal facial regenerates and energises, leaving skin firmed and radiant. Guinot recommends a course of two treatments over consecutive weeks.

Use at home: Guinot Comfort, Firming or Youth Source

***All appointment times include setting up of the room and client changing times
Times shown are not actual treatment times***

Guinot Hydra Lift Treatments

Hydra Lift uses lymph drainage and a safe effective microcurrent to eliminate toxins, improve skin tone and work on the underlying muscle structure to lift and firm the face, eye & neck areas. Suitable for all skin types aged 30+

Use at home: Guinot Beauty Sources Skincare products

Hydra Lift Express 50 mins £51 Course of 8 £395

A "work out" for the face and neck, creates a lifting effect by toning the complexion, smoothing wrinkles and lifting the facial contours. Guinot recommends a course of 8 treatments (2 per week).

Hydra Lift Eye 1 hr £52 Course of 8 £405

Targets the eye area to reduce signs of ageing, fatigue and puffiness. It rehydrates and generates, as well as "lifting" the eyelids and smoothing fine lines, to restore a relaxed rejuvenated look to the whole eye area. Guinot recommends a course of 8 treatments (2 per week)

Super Hydradermie Lift 2 hrs £108

The complete combination treatment. Hydradermie and Hydra Lift Express

Hydradermie Lift Deluxe 2 hrs 20 mins £129

The ultimate anti-ageing facial. Hydradermie Plus and Hydra Lift Express

Hydradermie Ultra Lift 1 hr 50 mins £111

The ultimate lifting facial. Liftosome & Hydra Lift Express

- **Hydradermie:** ALL metal jewellery must be removed before a treatment, for safety reasons or Clients will need to sign a disclaimer.
- **Hydradermie:** wait 6 hours before applying makeup. No heat treatments 12 hours before or after facial
- **Beaute Neuve:** wait 6 hours before applying makeup. No heat treatments until 48 hours after facial.
- **Hydralift** for best results, do not apply makeup until 3 hours after treatment. No heat treatments 6 hours before or until 12 hours after facial.
- **Liftosome:** makeup can be applied straight away. No heat treatments until 12 hours after facial.
- **Pregnant Clients** can have Hydradermie & Hydradermie Plus Treatments, but not Hydradermie Lift Treatment
- **Clients having Botox, Collagen** etc should not have Guinot Treatments until given approval from their Practitioner (normally between 2 - 4 weeks after treatment).

Crystal Clear Microdermabrasion

Face, Eyes & Body

"The celebrities' favourite treatment"

Founded in 1995, Crystal Clear's treatments allow you to treat lines, wrinkles, dull dehydrated skin, sun damaged skin, skin laxity, acne scarring, blackheads, congested and acne prone skin. Using a controlled method of skin resurfacing, by gently exfoliating the outer layers of the skin, while increasing new collagen and elastin formation to visibly rejuvenate and firm the skin of the face, neck and body. Results are immediately visible.

Microdermabrasion 40 mins £ 52 Course of 5 £250

Course of 10 £499

After the microdermabrasion treatment, a unique Mini Lift Mask is applied, leaving for 10 mins, to hydrate the skin and rebalance pH levels, followed by a bespoke lifting technique. You will see a difference after just one treatment, although a course of treatments is often recommended, to achieve maximum effects. Great treatment before a special occasion, wedding, party etc

Use at home: Crystal Clear Brightening Complex

Deluxe Microdermabrasion 1 hr 10 min £72

A luxury facial starting with a 10 min back massage, a microdermabrasion face treatment with the Mini Lift Mask left for 25 mins. During mask application, you can choose either a neck & scalp massage or a hand & arm massage. Treatment ends with a bespoke lifting technique.

Use at home: Crystal Clear Skin Repair Serum

Eye Contour Pads 10 min £12

This can be added to any of the above face treatments. It instantly lifts and plumps lines and wrinkles around the eyes.

Use at home: Crystal Clear Eye Contour Lift

Bright Eyes 30 mins £36 Course of 3 £102

Provides a more rejuvenated, wide awake look. Perfect for clients suffering from lines and wrinkles around the eyes. Excellent to use before a special occasion or party. Or use as a "morning after the night before" quick fix to soothe & hydrate.

Use at home: Crystal Clear Eye Contour Lift

Back/Arm Shine 30 mins £40

For small pimples and dry skin on back and arm areas. The skin instantly looks smoother and brighter.

Use at home: Crystal Clear Body Polish

Cellulite & Body Contouring 30 mins £ 40 Course of 5 £190

The perfect solution for unsightly cellulite and poor skin tone.

Choice of areas: legs & bottom or stomach & arms.

Use at home: Crystal Clear Body Firm Complex

Please ask for our Before and After Care Information.

Pregnancy & New Beginnings

Clarins Pregnancy Pamper 40 mins £35

A great "pick me up". Includes a Clarins Express Facial and a Tired Leg Massage.

Use at home: Clarins Tired Leg Emulsion

Clarins Pregnancy Countdown 1hr 10 mins £57

Not long to go and can't see your feet anymore? A Jessica Pedicure is a must plus a Clarins Express Facial to help you unwind and relax - the perfect duo.

Use at home: Clarins Tonic Body Treatment Oil (helps prevent stretch marks),

Stretch Mark Control, Energizing Emulsion For Tired Legs

Clarins Mother-to-be and New-Mum Pampering Face & Body Treatment 1hr 10mins £56

Pure indulgence for face and body, adapted to your pre and post-natal stage of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you'll feel energized and wonderfully relaxed, with baby-soft skin.

Use at home: Clarins Tonic Body Treatment Oil (helps prevent stretch marks), Stretch Mark Control, Energizing Emulsion For Tired Legs

Yummy Mummy 3 hrs £135

Feeling exhausted being Super Mum? Come and have some "time for you" and be pampered by our Therapists. This treatment makes an excellent gift.

- PW Relaxing Facial
- PW Relaxing Body Treatment
- Choose either a Jessica Manicure, Pedicure or Express Manicure & Pedicure



Gift Vouchers

For the gift that everyone will appreciate what better way to indulge or spoil your family or friends than with a Pretty Woman Gift Voucher?

Gift Vouchers are available for either treatments or a monetary value for ladies, men & teenagers



Visit our website www.prettywomanleeds.co.uk

Clarins Body Treatments

Exfoliation

Gentle Skin Smoother 40 mins £39

Visibly brighter, supersoft skin is the main benefit of this highly efficient body treatment. Enriched with fruit enzymes, it also refines, refreshes and detoxifies. Body products applied afterwards are perfectly absorbed.

Use at home: Clarins Smoothing Body Scrub

Aromatic Polisher 40 mins £39

This treatment incorporates aroma-therapeutic oils to delight the senses and warm the body. Whilst your mind is rebalanced, dulling dead skin is polished away, circulation is boosted and skin is smoothed and nourished. With a choice of either Relaxing or Revitalizing.

Use at home: Clarins Relaxing or Toning Body Balm

Massage

Back Relaxer 35 mins £40

Includes a cleansing back treatment followed by a deep tissue back massage.

Use at home: Clarins Relax Bath & Relax Oil

Aromatic Body Balancer 1hr £45

A real must for out-of-condition skin. Massage helps the absorption of custom-blended oils & creams, replenishing as they firm, detoxify and relax the body.

Use at home: Clarins Toning or Relaxing Body Balm

Clarins Luxury Body Treatments

Anti-Ageing Special 1hr 20 mins £60

A youth-boost for skin that looks dry, dull and lined, and is particularly good for skin that's showing signs of ageing, sun damage or simply neglect.

Use at home: Clarins Super Restorative Redefining Body Care

Figure Shaper 1hr 20 mins £60

Refines appearance of skin, perking up overall tone & helping your body to look smoother and more streamlined. Circulation is boosted, reducing fluid retention.

Use at home: Clarins High Definition Body Lift

Intensive Body Firmer 1hr 20 mins £60

Restores youthful firmness and deep-down softness to skin that's starting to lose condition. Your body looks and feels more supple, toned and revitalized.

Use at home: Clarins Extra-Firming Body Care

Super Hydrator 1hr 20 mins £60

Drenches dry or dehydrated skin in moisture, dramatically transforming its texture. Suddenly your body feels smooth and silky-soft to the touch.

Use at home: Clarins Satin Smooth Body Lotion

Guinot Body Treatments

Guinot Hydradermie for the Back 1 hr £57

Ideal deep cleansing treatment. Normalises oily or acne prone skin and moisturises dry or dehydrated, improving the skins texture and appearance.

Cellulite & Toning Body Treatments

G5 Vibratory Massage

A stimulating G5 vibratory massage helps to firm, tone and get rid of fatty deposits, toxins and fluid build up.

Trial Treatment 30 min £17 (One trial only per client)

Single Treatment 30 mins £24 Course of 6 Treatments £132

G5 Intensive Back Treatment 40mins £38

For Clients wanting a firmer massage, this treatment goes deeper into the muscle core. Excellent as a sports massage, for stress, tension knotty backs etc.

Eurowave

An advanced computerised slimming treatment. Each 18 min treatment equals over 200 sit ups! Excellent for inch loss, bottom lifting, tightening stomach muscles and inner thighs, cellulite etc. A "Quick Show" course of treatments can be taken over 10/14 days, for fast results.

Trial Treatment 30 mins £17 (One trial only per client)

Single Treatment 30 mins £24 Course of 10 Treatments £215

Use at home: Both G5 and Eurowave treatments are more effective if used with Clarins products designed for the body area, including High Definition Body Lift, Body Firming & Shaping Creams, Body Treatment Oils, Stretch Mark Control, Super Restorative Redefining Body Care.

Ear Candling *New!*

Ear Candling 30 mins £29

Ear Candling with a Shoulder, Neck & Scalp Massage 55 mins £49

Ear Candling is a safe, pain free and relaxing method of relieving many pressure-related problems and for cleaning the ears. It has been practiced for countless generations and in many countries. It works like a chimney by drawing out impurities to the surface, where they can be gently removed. Jill Fraser Ear Candles (Lincolnshire) are made on their own premises using only unbleached cotton and pure beeswax from a local bee keeper. The benefits of ear candling are immense and include: -

- Excessive wax production
- Itching or discomfort of the ear
- Mild vertigo or poor balance
- Mild deafness and/or regular "popping"
- Ear hygiene – reduces congestion and damage to hearing aids
- Catarrh & sinusitis
- Headaches & migraines
- Ear pain when flying
- Travel sickness
- Tensions in jaw /neck
- Tinnitus
- Glue Ear
- Divers Ear
- Hay Fever
- Loss of smell

Manicures & Pedicures

Jessica are the UK's No 1 range for natural nail products.

Jessica Manicures

Choose either a quick Express, a Prescriptive Treatment Manicure or why not go Deluxe the ultimate in hand & nail care, by adding either a Le Remedi Treatment or Thermal Mittens to your Prescriptive Treatment Manicure.

Express Manicure 20 mins £14

Course of 5 Express Manicures £65

Prescriptive Treatment Manicure 40 mins £25

Course of 5 Prescriptive Manicures £115

Deluxe Prescriptive Manicure 1hr £35

French Polish £2 extra per treatment

Use at home: a range of six Jessica nail treatment products, for every nail type. Let us recommend the correct products for you to use.

Jessica Pedicures

Select either a quick Express, a maintenance Pedicure, Thermal Bootees ... or the luxurious Zen Spa Pedicure, which treats your mind, body & "sole". With a choice of: energising ginger; calming green tea or revitalizing citrus.

We recommend bringing open-toed shoes if having toes polished to minimise waiting time after treatment and prevent smudging!

Express Pedicure 20 mins £16

Pedicure 40 mins £27

Zen Spa Pedicure 1hr £37

Pedicure & Thermal Bootees 1hr £37

Excellent for dry skin, cracked heels etc

French Polish £2 extra per treatment

Use at home: a range of three Zen Spa Pedicure product ranges, for you to pamper your feet ... pure indulgence.

Paraffin Wax Hand/Foot Treatment 20 mins £10

This warming treatment increases blood circulation and absorption of creams, improves joint mobility and smoothes and softens the skin. Add to any full manicure, pedicure or facial.

Clarins Hand, Nail & Foot Creams

Use at home: Hand & Nail Treatment Cream voted no 1 Hand Cream in Harpers & Queen Magazine, and Age Control Hand Lotion SPF15. In July 2009 Clarins launched their first ever foot cream – Foot Beauty Treatment Cream which is proving very popular

Gel Toes

Discover the difference of an advanced nail treatment that is a pleasure to use and wear. Bio Sculpture Gel makes nails beautiful flexible and strong - naturally.

Unlike other nail finishes, Bio Sculpture Gel is a nail treatment applied as a coating to your own nails to strengthen and condition them, with no damage or dreaded fungal growth.

Long wearing and chip proof, your Bio Sculpture Gel nails keep their well manicured look for up to 3 weeks after application. It is a semi permanent manicure and is available in clear, french or coloured gel.

Clients must only use Bio Sculpture non acetone nail polish remover & after care products on their gel nails

- **Gel Toes £35**
- **Soak off with new set £5**
- **Soak off only £12**

Minx Toes *New!*

Minx brings fashion to your toes. It's Different. Dramatic. Daring.

A flexible film is applied to toes using your choice of design, including sparkly metallic gold, silver, red and pink; pink or brown cheetah, zebra, fishnet, polka dot, hippy chick flowers etc. Once you have been Minxed, there is no going back!

- **Minx Toes £27**
incl cut/file of toe nails
- **Minx Toes & Minx Pedicure £43**
incl hard skin buff, cuticle work, cut/file of nails, foot massage
- **Minx Fingers £49**
Minx fingers are totally impractical - but great for special occasions

Earth Spa Pedicure Ritual

Earth Spa Pedicure 1hr £37

From Creative Nail Design. A sense of calm envelops the air, as subtle tones of clay and minerals are released. The luxurious spa ritual includes an Earth Mineral Bath, an Earth Warming Scrub, an Earth Moisture Clay Masque fortified with hydrating vitamins and minerals to deeply condition your skin and Earth Hydrating Lotion leaves a satin finish. Ends with a nail polish of your choice.

Escape, Exhale. Relax

Waxing

We use the PHD waxing system, the fastest and most hygienic system available. It is a tube method, with a new "applicator head" used for each Client, totally eliminating the risk of cross contamination.

½ Leg £19

¾ Leg £22

Top Leg £22

Top Leg & Bikini £32

Full Leg £27

Full Leg & Bikini £39

Bikini £15

Brazilian Bikini £31

Hollywood Bikini £34

Underarm £12

Half Arm £18

Full Arm £22

Full Abdomen £22

Full Back £26

Lip or Chin £11

Lip & Chin £15

Mens Waxing-

Back £26

Abdomen £22

Shoulder/Neck £18

Chest £26

Waxing Information

- Waxing needs minimum 0.5 cm of hair growth. Please ensure that hair is long enough otherwise 50% of treatment cost will be charged.

Waxing Pre & Aftercare. For 24 hours :-

- Do not sunbathe/sunbed before or after treatment
- After: avoid hot showers, baths, swimming, steam rooms or sauna's
- After: avoid highly perfumed toiletries, deodorant, make up, self tans

Eyes

Tinting helps define eye lashes and brows, giving a natural look which lasts approx 4 - 6 weeks. All new Clients must have a dye patch test* minimum 24 hrs prior to treatment or sign a disclaimer.

For maximum results, please arrive without contact lenses or mascara for tinting appointments.

Eyebrow Shape £10

Eyebrow Wax £12

Eyebrow Tint* £10

Eyelash Tint* £16

Eyelash & Brow Tint* £22

Eye Collection* £31 inc.

- Eyelash Tint, Eyebrow Shape & Tint

Eyelash Perming* £36

Enhances lashes with a natural curl, making them look longer and thicker, and includes a free eyelash tint worth £15.

Eyelash Extensions..... Coming Soon *Ask for Details*

Specialist Treatments

We hold regular Clinics for the following practitioners. For full details of their qualifications and treatments available, please see our website www.prettywomanleeds.co.uk.

- Lynn Warren Botox, Restylane, Collagen, Lip Enhancement
- Deborah Rakusen Red Vein, Skin Tag Removal, Microsclerotherapy
- Lorette Hague Semi Permanent Makeup

Holistic Treatments *New!*

Julie Furlong B.A.Hons P.G.C.E.

We are delighted that Julie Furlong has joined our Team of Specialists. Julie has been an Holistic Therapist for the last three years, having changed career from working in Education, Housing & Social Services. She started her journey into holistic treatments when she herself was unwell and went for reiki treatments. Her interest grew and she decided to re-train to become an holistic therapist.

Julie offers a range of holistic treatments and looks forward to meeting Pretty Woman clients. Please ask for full details and prices of her services including:-

- Reflexology
- Indian Head Massage
- Thai Foot & Hand Massage
- Reiki
- Emotional Freedom Techniques



Men's Treatments

Clarins

Clarins Skin Blitz Facial 1 hr £47

Shaving bumps and irritation, stress and tiredness, greyness and congestion. Whatever life has hit your skin with, this super-relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.

Use at home: ClarinsMen Skin Care

Clarins Muscle Ease Body Massage 1 hr £48

Whether you've overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.

Use at home: Clarins Relax Bath

Clarins Energizing Back, Neck and Scalp Massage 40 mins £40

Back cleansing and deep massage rolled into one rejuvenating treatment that sorts out congested skin and tired muscles. The ultimate post-exercise pick-me-up, it leaves you feeling chilled out instead of strung out.

Use at home: Clarins Relax Body Treatment Oil

Crystal Clear Microdermabrasion

Crystal Clear For Men 1 hr 10 mins £72

The Deluxe Facial Treatment is a great choice for those with in-growing hair problems, dry skin, black heads and scarring. This luxury facial starts with a 10 min back massage, a microdermabrasion face treatment and during mask application, you can choose either a neck & scalp massage or a hand & arm massage.

Use at home: Crystal Clear Brightening Complex

Crystal Clear Bright Eyes 30 mins £36 Course of 3 £102

Provides a more rejuvenated, wide awake look. Perfect for clients suffering from lines and wrinkles around the eyes. Excellent to use before a special occasion or party. Or use as a "morning after the night before" quick fix to soothe & hydrate.

Use at home: Crystal Clear Eye Contour Lift

Crystal Clear Back/Arm Shine 30 mins £40

For small pimples and dry skin on back and arm areas. The skin instantly looks smoother and brighter

Use at home: Crystal Clear Body Polish

Guinot

Guinot Hydradermie 1 hr 10 mins £57

This high-tech facial uses galvanic and high frequency electrotherapy and bespoke active gels to deep-cleanse, oxygenate and condition the skin.

Guinot Hydradermie for the Back 1 hr £57

Men's Waxing Details on page 15

We stock over twenty different men's products from Clarins and Crystal Clear

Treatment Packages

Discovery 1 hr £45

Try something new by choosing three of the following Discovery treatments. Great for a gift too!

- Scalp Massage
- Back Exfoliation
- Back Massage
- Mini Facial
- Touch of Colour "Makeup"
- Eyebrow Shape
- Le Remedi Hand Treatment

Beach Babe 2 hrs £82

- Half Leg Wax
- Underarm Wax
- Bikini Wax
- Eyelash Tint (*dye test required)
- Jessica Pedicure

Pamper Me 1hr 20 mins £72

Enjoy with treatment with a friend or two, your mother, daughter, sister etc. Have some 'time out' and catch up!

- Clarins Facial
- Jessica Express Manicure
- Clarins Makeup

Clarins Beauty Collection 2 hrs 20 min £122

- Express Facial
- Back Relaxer
- Makeup
- Prescriptive Manicure or Pedicure

Clarins Pamper Day 4 hrs 30 mins £170

- Aromatic Balancer Facial
- Signature Massage
- Makeup
- Prescriptive Manicure
- Pedicure

Light Refreshments Served. Champagne £10 extra

(Unfortunately 'Clarins Pamper Day' is not available on Saturdays)

Appointment Information

To enable us to give the highest level of service to our Clients, please note the following:-

Appointment Times

- All appointment times include setting up of the room and client changing time, before and after treatment. Times shown are not actual treatment times.

Arrival Time

- **Being on time for your appointment is essential.**
- Why not arrive 10/15 mins early & relax before your treatment
- Clients arriving late, will only receive the balance of their appointment time, but charged full price for the treatments booked

Cancellation of Appointments

- **We request 24hrs notice for cancellation or rescheduling, otherwise 100% of appointment cost will be charged**
- **Rescheduling on the day is not possible. You would have to pay for the missed appointment plus the new appointment**
- **Clients "not showing" for an appointment, will be charged 100% of the appointment cost**
- **Days of Beauty must give 48 hours notice of cancellation**
- **Course appointments missed or late cancelled, will automatically be deducted from course records.**

Deposits

- All bookings over 2 hrs, we request a 50% deposit
- Where 2+ friends are booked in together, we request a 50% deposit
- Days of Beauty, we request a 50% deposit

Gift Vouchers

- must be used within 3 months
- are not redeemable for cash
- please quote reference number when making a booking
- must be produced on arrival at the Salon as proof of purchase.
- **Lost vouchers cannot be replaced**

"Clarins for Me" Rewards

- Clarins have a scheme for Clients who purchase their products from Pretty Woman. It is worth a 20% discount on all Clarins purchases in the form of full sized retail products. Ask our team for details or visit our website

Prices

- We reserve the right to increase our prices, and discontinue treatments without notice.
- All prices are inclusive of VAT at the current rate

Salon Information

Medical Conditions

It is the Clients responsibility to inform us before every treatment, if they are pregnant, on medication or suffering any kind of illness, as we may advise you not to take the treatments booked.

Children

To meet with insurance requirements and also in our effort to maintain a relaxed atmosphere, we would ask Clients having treatments, not to bring babies or children under the age of 12 to the Salon.

Mobile Phones

As a courtesy to other Clients and to maintain a relaxed atmosphere, please switch off your phone before entering the Salon.

Website

Our website has details of promotions, new treatments, events, new products etc. Plus special occasion treatments eg Valentines Day, Mothers Day, Fathers Day, Christmas etc and we update it regularly. We also email weekly "Newsflashes", if you would like to receive these, let us have your email address.

Recommend a Friend

Recommend a Friend and you will receive a treatment voucher to say 'thank you' (this excludes new clients, presenting gift vouchers)

"Clarins for Me" Rewards

Clarins have a scheme for Clients who purchase their products from Pretty Woman, to thank you for being a loyal Gold Salon Client. It is worth a 20% discount on all Clarins products purchases in the form of free retails products. Ask our team for details or visit the website.

Client Feedback

We welcome any feedback you wish to give about Pretty Woman. Please email to info@prettywomanleeds.co.uk . If for some reason you were unhappy with our service, please do let us know.

Employee of the Month

Every month we award one member of our Team " Employee of the Month". The Award is based on the person who goes "that extra mile" and we would love to hear your thoughts on who should be the winner.

Personal Belongings

We do not accept any responsibility for any loss or mislaid personal belongings.

Payment

We would kindly ask Clients to pay with either cash, cheque or debit card. We prefer not to take credit cards, due to the high level of bank charges.

Products

We are one of the largest stockists in West Yorkshire for the following product ranges. Many of these products make ideal gifts too.

- Clarins Skin & Bodycare
- Clarins Makeup
- Clarins Sun
- Clarins Men
- Bio Sculpture Nails
- Guinot Skincare
- Crystal Clear Skin & Bodycare
- Jessica Hand & Footcare
- Sex Symbol

Gift Vouchers

For the gift that everyone will appreciate, what better way to indulge or spoil your family and friends, than with a Pretty Woman Gift Voucher? Gift Vouchers are available for either treatments or for a monetary value, for ladies, men or teenagers and can be purchased in person at the Salon or by phone using a debit or credit card.

You can choose between standard packaging, or upgrade to our luxury presentation box, complete with tissue, silk ribbons, gift tag, samples etc, for a nominal cost.

Your Gift Vouchers can also be posted* direct to your family or friends, along with your special message. (* subject to postage & packing charges).

Gift Boxes

We have designed a collection of Pretty Woman Gift Boxes. Whether it's to celebrate birthdays, anniversaries, pregnancy, new job, moving house or just to say "thank you", we have the perfect gift. You can also add a Gift Voucher too. These Gift Boxes can be viewed on our website.

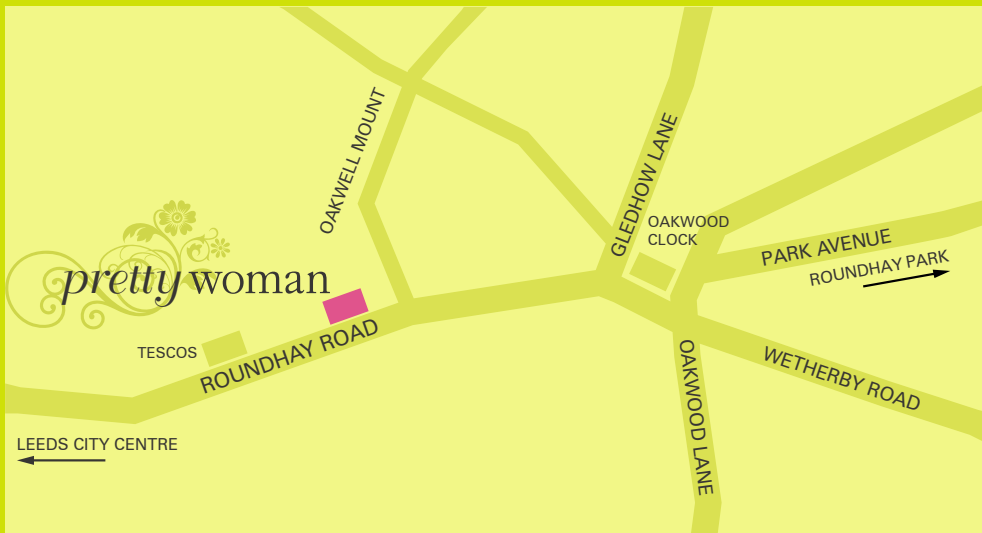
We have Seasonal Gift Boxes too, for those one off occasions: Valentines Day, Mothers Day, Easter, Fathers Day, Christmas etc.

Gift Wrapping

We can gift wrap any product for you. For a luxurious effect, why not have your gifts presented in a Pretty Woman Gift Box complete with silk ribbons, tissue, gift tag etc, for a nominal charge.

Needing help in choosing a gift, please telephone our Reception Team on 0113 240 0060 and they will be delighted to help you.

Visit our website www.prettywomanleeds.co.uk



Opening Hours

These can change, so please telephone the Salon or visit our website for current information on times

Mon	9.30 - 6pm
Tues	9.30 - 6pm
Weds	9.30 - 8pm
Thur	9.30 - 8pm
Fri	9.30 - 6pm
Sat	9.00 - 5pm

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